

Scottish Women's Aid welcomes National Stalking Awareness Week

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"The impact of stalking shouldn't be underestimated.

From the outside some of the behaviours typical of stalking can seem caring or even attentive; he constantly calls her at work or turns up unexpectedly to drive her home from social events. But this is only a fraction of the picture.

Imagine how it feels when every move you make is being watched. When every message you send is being monitored, when you know someone is watching you, tracking you but you never know when they might turn up, when you don't know who they might contact or what they might do next. To experience stalking is to live in constant fear.

We know that most stalking happens in the context of domestic abuse, whether it is during or after a relationship has ended, and we know that it is underreported. Support will always be available from local Women's Aid groups for women who are or think they might be being stalked.

Women have the right to live free from fear. Scottish Women's Aid welcomes National Stalking Awareness Week as an opportunity to talk about and recognise the impact of an issue that still affects far too many women across Scotland today."

- Marsha Scott, Scottish Women's Aid