

CONTROLLING BEHAVIOUR IS DOMESTIC ABUSE

"FROM THE OUTSIDE,
WE LOOK LIKE
THE PERFECT COUPLE
BUT INSIDE, I FEEL
LIKE A HOSTAGE"

YOU CAN GET HELP AND SUPPORT FROM:

Scotland's Domestic Abuse
and Forced Marriage Helpline:

0800 027 1234

SDAFMH.org.uk

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WomensAid.scot

LGBTDomesticAbuse.org.uk

Respect.uk.net



 **scottish
women's aid**
changing attitudes changing lives

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